

# REBOUND GYMNASTICS CLUB



## BRITISH GYMNASTICS CODE OF DRESS & JEWELLERY POLICY

Rebound Gymnastics Club adopts the British Gymnastics Policy on Code of Dress and Jewellery. This Policy is reproduced below:

### “(1) Code of dress in Gymnastics

British Gymnastics has a Code of Dress for gymnastic activities which is designed to safeguard the participants and coaches. This Code of Dress should be adhered to during training and events, but sensitivity to religious convictions regarding dress should be demonstrated. Any concessions on dress should be within the bounds of reasonable safety risk assessment. The element of risk should be articulated to the participant (parent or guardian) every attempt to minimise risk should be adopted.

British Gymnastics would not authorise or condone unsafe clothing and consequently the wearing of unsafe clothing may invalidate the insurance.”

### “(2) Body Piercing and Body Jewellery Policy

It is British Gymnastics policy that jewellery and adornments worn in body piercing are inappropriate for safe practice in gymnastics. The policy applies to all participants and coaches in training and in events at home and abroad.

A person with body adornments or jewellery must inform the coach and also remove the relevant items to reduce the risk of injury to the participant, the coach and others.

Failure to do so will prohibit the individual's participation on the grounds of reasonable safety. Failure to comply with the policy may render the individual's insurance invalid should an accident result from non-compliance with this policy.

Coaches must also ensure that risks associated with raised adornments on leotards are minimised.”

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Rebound Gymnastics Club **do not** permit the wearing of any form of jewellery by gymnasts during training sessions. The only exception to this is on the occasion of a new piercing when the gymnast must cover the piercing with a plaster.

Coaches are requested to keep jewellery to a minimum during training sessions, e.g. wedding ring. If watches or earrings etc. are worn, then the coach does so in the knowledge that their insurance is likely to be invalid in the event of an accident relating to the wearing of any such item of jewellery.